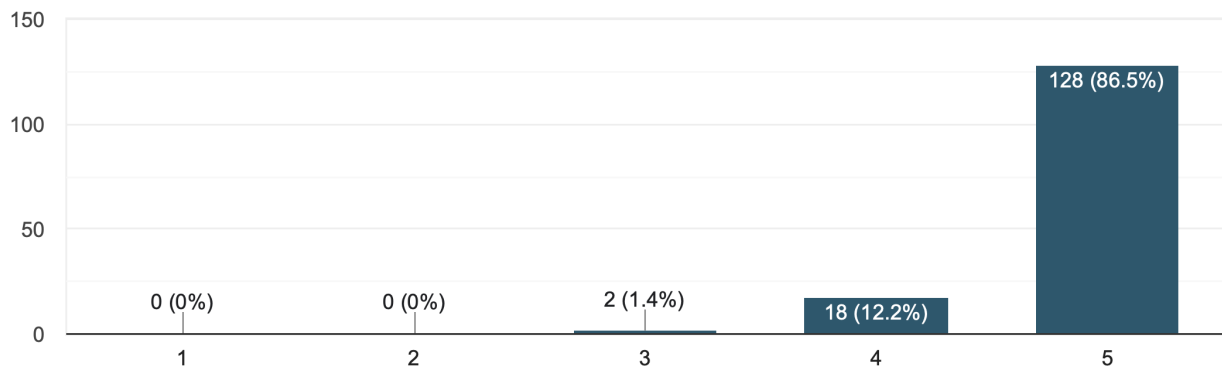# ZERO TO FINALS

Finals Revision Course

London

7th December 2025

How helpful did you find the course?

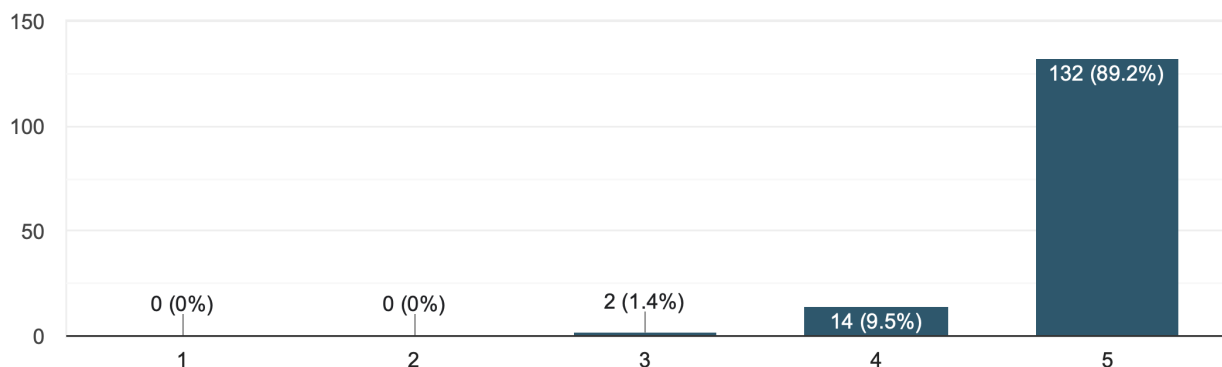148 responses

1 = "Not helpful at all"   **5 = "Extremely helpful"**

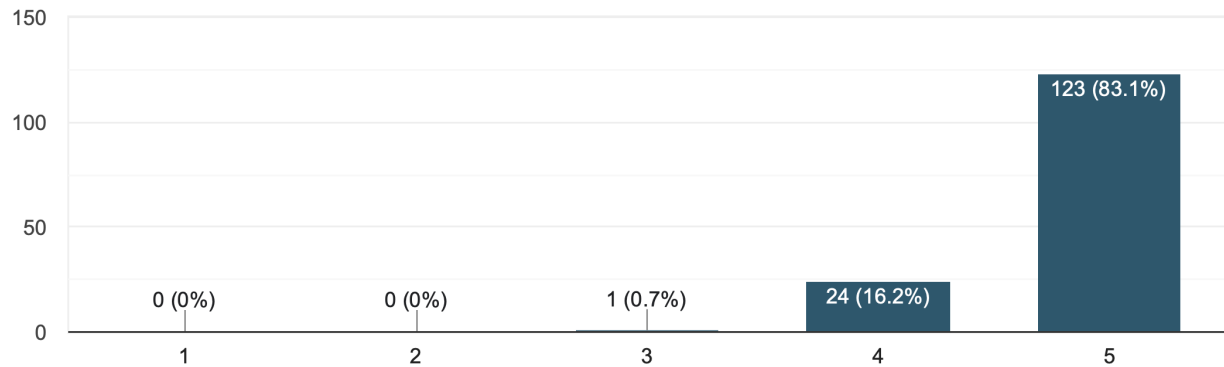Would you recommend the course to others?

148 responses

1 = "Not at all"   **5 = "Absolutely"**

How would you rate the course overall?

148 responses

1 = "Terrible"   **5 = "Amazing"**

What would you say about the course?

Perfect

Fantastic course! So glad I came

Thank you so much it was amazing

Very good and thorough course that is very helpful

Really good high yield revision of all topics

Excellent- love the spaced repetition! and the memes!!

Brilliant! Thank you Tom

AMAZING!

Perfectly pitched and timed

High yield, reassuring before my exams! Thank you

Really good went fast and good speed!

Very useful and enjoyed the style of teaching!

Great structure and delivery. Thank you!

Good format, good questions

Good over view of MLA

Amazing

Very good but can go more in depth

It was an amazing over view of everything!!

Good course to get an overview of each speciality.

very good course but need more high yield topics.

Really good at covering high yield basics

Really good whistle stop tour that both improved my confidence and identified my weaknesses

It's motivated me to want to keep revising!!

Very informative, high yield facts. A bit tiring so maybe longer breaks but otherwise amazing and so helpful!!!

All the practice was really helpful, felt like passed in real life

High yield

Amazing lots of high yield information clear explanations and covered so much

Excellent engaging

Amazing notes, presentation and explanations. Perfect illustrations

A little to fast for me but very thorough

Great, was helpful. Helps you cover the basics quickly.

Great overview, doesn't go into great depth but has a lot of high yield stuff to check where you might be weak on.

Excellent course! Really good manner of teaching and resources provided - good pace!

Really useful rapid review of key topics in the lead up to finals

Amazing, a great cover of high yield topics and great resources to take away too. Thank you very much

Very useful, high yield info covered well

Very informative, useful to work out what you know and what you need to go back and revise

Amazing. Super high yield and important content. Great for revision. Loved it.

Very useful thank you

Really excellent. Covers high yield topics. Would thoroughly recommend.

Loved the course - was so helpful recapping a broad spectrum of topics without being overwhelming.

It was very informative and really helped to test my knowledge

Very organized, very helpful, excellent resources

So useful, very engaging

Where have you been all my life

AMAZING. Thank you so much. You make studying so much less intimidating. I feel motivated and you should be so proud of yourself because it was fantastic.

It was great to recap all the basics

Great content, good layout with the questions. Maybe shorter breaks?

Very good pacing , and good style of doing questions instead of pure content

Very good, amazing teaching and amazing memes

Really good, interactive

Really helpful to do a wide overview of the course and understand where my weaknesses are

AMAZING - so concise and a great teacher! very engaging teaching style

Very useful, thank you!

It was excellent, breadth of topics

Really enjoyed the format being case based and not requiring people to speak aloud to answer. Also liked the confidence rating system

Great content. Really liked the pace and the way the course was run in terms of case based

So useful and informative! Very thorough

Informative, good way to check knowledge, important key facts

I really enjoyed the cases and the chance to test my knowledge before going through and explaining the answers

Very engaging, perfectly suited to my attention span!

Very helpful with high yield content!!

The active recall and spaced repetition was a really good way to drill high yield topics

Very good, however would have been good to go over hepatitis

Good pace

Amazing! Very informative! Very useful!

Amazing

It's amazing! Really great high yield teaching and humour always makes things easier to remember.

It really boosts my confidence for the final ukmla

Excellent revision- didn't even realise I was learning so much bc you made it so enjoyable!

Provided useful key facts and all high yield stuff for exams. I now know what I know and what I don't know. Helpful flashcards and textbook

great day. Really engaging talk with good breaks in between

Very good, slightly easy for final year medical students but still very good revision for core exam material, thank you

Incredible, so grateful - what a great course - well taught, good size chunks of information and well spaces throughout the day. Amazing resources - would highly recommend to everyone - interactive and got me to use my brain!

It was well conducted and I felt like it was worth my time and effort in commuting. I appreciate the concise information and brilliant delivery.

Excellent coverage of high yield topics.

Great course. Really good teaching thank you

Really helpful breakdown of finals content, makes it feel much less daunting and digestible.

Brilliant - over 2 days with some more niche conditions would be cool too

It was useful to cover the basics, greater information on leukaemia would have been useful

It was extremely helpful and helped me a lot! I really enjoyed it and found it very good to revise and identify the areas I need to improve

Great session. Condensed

Excellent teaching method - allows for continuous stimulation and attention throughout - good summaries

The best resource I've ever paid at medical school. Super concise, LOVE the colours and imaging, questions and spaced repetition. I would pay for this all over again and recommends to every single person!

It's simply amazing. He is the best. Super useful, super detailed and just great.

Really helpful in drilling in basics

Fantastic will definitely change the way I revise for finals now!

It was very helpful I enjoyed being tested and not just doing MCQs it covered a wide range of topics

I thoroughly enjoyed the course! It covered a wide variety of content from different modules and I feel much more confident for my final exam!!

It was very good and organised. Maybe adding some first line treatments for conditions as we go along would be helpful for recollection

Like the rating system for confidence and the active recall with short answer questions rather than multiple choice questions

Learned so much and for the first time in my life I haven't zoned out at all

Amazing !! Loved everything thank you so much

Great course. Thank you so much.

Amazing!! Had a great experience revising, thank you so much.

Really brilliant course!! Well paced, high yield, reassuring but picked up on bits I need to focus on. Also very entertaining. Would absolutely recommend ahead of finals!

A fantastic course covering high yield content. No new content specifically but good for revision. Easy to follow and enjoyed the space repetition. Handy to also get flashcards and a revision book. Definitely value for money!

Really helpful breakdowns of common conditions and key facts needed to know about each. Liked the key facts throughout, helped with active recall. Good to not have many mcqs throughout as helped get out of pattern recognition and enhanced actual learning and recall.

I found it shorter helpful. I am only in year 2 but learnt so much. Maybe we can have a bit more time to answer but other than that it was great.

Fantastic, love the material the pace was Fantastic and the price inlcuded was affordable, i think its conversation most if all the most important things

Really concise high yield knowledge. The breakdown I needed before the MLA along with book and flashcards

Very good overview of some common medicine topics for finals

Fantastic

Really great info and pace!! really informative and love the textbook we got! esp that it is in colour tom is really lovely and really enjoyed today

Amazing, concise, funny, good pace

Very useful high yield session! The resources are very detailed.

Fantastic

Extremely engaging, great pacing, covering a wide range of topics

it was so helpful to have a general overview of the content thats most important to know but also the spaced repetition really nailed some things home. Liked the style of teaching and the memes were great for remembering things too. Images were very very helpful

It's great and focused, bit more on renal and neuro. I'd suggest not to use AI pics it's easy I appreciate but harmful overall.

Good to cover all topics in one day. Did miss some vital topics. Maybe consider 2 slightly shorter days to cover more

Extremely engaging, very helpful to have takeaway revision resources and a guide as to what my weaker areas are to consolidate my revision before January. Thank you so much!! And thank you for the podcast and ZTF pages!! I have used them all religiously throughout med school.

Great use of spaced repetition, very interactive, enjoyed writing down and committing to answers before the explanation. Very useful thank you!!

Very engaging! Has given me really helpful areas that I need to look at! Thank you for the day and for all the resources we get with it! Wish you were a lecturer at my university!

It helps you gauge where you're at in your revision

Even though this was a full day of teaching, I felt so energised throughout the day. Great coverage of a variety of material, super entertaining speaker and teacher, and thank you so much for the resources!

Amazing! So well organised, I feel like my revision has been structured for me so well. I will definitely be attending in my next 2 years of medical school again! Amazing resources too. This course is well worth the investment!

Fantastic course! Thank you so much Tom for such an engaging day.

I found this course really useful. I have been really nervous and stressed about my exams and this has made me feel a lot better. I feel like I can now revise better for the final stretch. Thank you for such a good course I am really glad I attended. The teaching was so relevant and taught in a useful and fun way and will definitely recommend this.

Amazing, extremely interactive . I don't usually learn well with questions but was able to follow along at a good pace. It was amazing to watch tom teach in person, he is an excellent educator and simplifies topics in the best way! :)

This is my second time doing this course and it's yet again been amazing. It really helps to link key topics and conditions and highlights high yield information. 10/10

It's a long day but so worth it. I feel like it both encouraged me to work on the areas that I need to go over without feel like too overwhelmed.

Very helpful for finals - I am a 3rd year so although I wasn't familiar with most of the conditions, it definitely helped with consolidating my learning for the specialties and conditions I have studied to this point, and helped in learning about conditions and specialties I have not yet come across. Would highly recommend to final years!

Such a good condensed course , good key facts mentioned throughout. Really identified which topics I didn't know and need to work on.

Helpful. Would be awesome and much more helpful if another course was offered as a crash course into all modules.. a deeper course into the modules and topics given as a crash course

very helpful, good mnemonics, loved the memes

Genuinely amazing. I appreciate how you explain the 'why' behind everything!!

Brilliant course, manages to cover all of the key facts in medicine for finals. Extremely interactive, learned a lot and revised key topics. Was a fun day and would recommend to anyone in medical school!

Loved it! The content was great but a little bit more basic. Probably great for 2-3rd year (grad med , dunno with undergrad) but going into MLA finals the questions are a bit

tougher and more tricky so would love to see 2 different courses one aimed at final years that is a bit more intense/harder!

Excellent. Very helpful covering key bits.

I love the spaced repetition and going over high-yield cases and the memes😂

Amazing concise breakdown right before the MLA. The book and flashcards are also incredible

Would be great to introduce some harder questions

Great course and very clear methodical approach. Really helpful and glad I came

Incredibly helpful to have all the high yield content covered in a day. Intense but well worth the brain power. The use of spaced repetition of key facts for later cases at the beginning and repeating key facts from cases previously discussed was really helpful at helping things stick. Thoroughly enjoyed.

I love the format the course, kept me engaged (i usually clock out within the hour)

It was interactive and put my knowledge to the test! It was great to review so many topics in one day!

Very good at covering all the fundamental aspects of medicine. Provides a solid base on which to build. I appreciated the parts where you covered fundamental physiology and enjoyed the active recall nature of the session. I am yet to explore the resources but they look excellent. Few tiny details that make me sound very picky and I'm sure were simplified to cover the vast depth. I might define thought disorders a bit differently (not just tangentially but procession disorders too). Wonder if vitreous haemorrhage should also be included in acute painless vision loss. I think at one point you mentioned that GCA associated visual loss was retinal artery which while definitely also true the more common association I learnt was AION. Interestingly had a Westmoreland street undergrad lead who advices UKMLA to do a urine hCG in people with testicular mass because although very rare you don't want to miss a choriocarcinoma should pick up on urine hCG > most aggressive testicular mass where urgent treatment significantly improves prognosis > advised to see oncology on call same day. Probably beyond the scope but is an interesting and amusing fact to include. These are just tiny tiny details overall the course was excellent!

Well paced, well organised and very helpful for finals.

Loved this course! Really great active recall! Tom was a BRILLIANT teacher and was at a perfect pace. Covered so much. Thank you so much.

Was an amazing course, great framework which gets you to actually see your knowledge level. Kept at a pace and changing topic so you never get bored. The 30min breaks are the perfect amount of time. The pace could be quick at time but I think if it was slower you may risk losing people's attention. The memes were brilliant and brought the lighthearted

side to revision. The resources are brilliant and having the book with all the notes means we can just focus on learning content. You should be really proud of this course and all the resources! Worth the money 100 times over!

Really great course that clearly has had a lot of time and effort put into it, so thank you for that. I'm feeling energised and ready to get stuck in with the revision book and the cards now. In terms of feedback, I would say that rating the cases in terms of confidence level was not so helpful for me (I tended to score everything low) and if I could have just tallied up an objective score for each case instead that would be more useful for helping me tailor my revision. I also think it might be helpful at the end to have a quick summary/words of advice as to how best to use the book and flashcards moving forwards given that many of us will be sitting finals in a month or two. None of this is intended as a criticism per se, just sharing my thoughts on what I think might improve the course from my perspective as an attendee.

It was good but could be more in depth

Great course and the format of writing the answers kept it engaging. The pace was good and the content was high yield.

Very good teaching super helpful thank you, I think maybe just for ethical and medical accuracy reasons it's not the best to use AI images. Real pictures especially for Derm conditions would be best - other than that it was fantastic thank you :)

The slides were very useful. Resources was very useful. Information was given at a good paces and very easy to follow. Thank you!

Excellent

Very good and useful. The cases were useful to put into context. A little fast paced

*no responses were deleted, edited or omitted from this document.